## ORAL HYPERSENSITIVITY SCALE
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<table>
<thead>
<tr>
<th>Level</th>
<th>Description</th>
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| **Level 1** | Tolerates minimal pressure and movement on the outside of the face  
□ Can chew on item that is as firm as a finger at the back of the mouth less than 5 times in 5 seconds, bilaterally  
□ Gags 6 to 8 times a day or less with oral intake, touch to the face or within the mouth, often with reflux (throwing up)  
□ Difficulty accepting adequate amounts of food and fluid by mouth |
| **Level 2** | Tolerates pressure and movement for necessary activities on the face with minimal resistance (wash face, blow nose)  
□ Can chew on item that is as firm as a finger at the back of the mouth 5 times in 5 seconds, bilaterally  
□ Gags 4 to 6 times a day or less with oral intake or touch to the face, often with reflux (throwing up)  
□ Consistently eats 4 ounces in 20 minutes of particular foods and fluids, but significant difficulty with unfamiliar foods and fluids |
| **Level 3** | Tolerates pressure and movement on the face, but not within the mouth  
□ Can chew on item that is as firm as a finger at the back of the mouth 10 times in 10 seconds, bilaterally  
□ Gags 1 to 2 times a day or less, occasionally with reflux (throwing up)  
□ Explores novel foods and fluids at least once each day, but may spit it out |
| **Level 4** | Tolerates pressure and movement on the face and within the mouth, for routine activities  
□ Can chew on item that is as firm as a finger at the back of the mouth 15 times in 15 seconds, bilaterally  
□ Gagging 1 to 2 times a week or less which rarely results in reflux (throwing up) after gagging  
□ Swallows at least 2 ounces of novel foods and fluids of various textures and tastes 5 or more times a week |
| **Level 5** | Accepts pressure and movement on the face and within the mouth for novel activities  
□ Can chew on item that is as firm as a finger at the back of the mouth 20 times in 20 seconds, bilaterally  
□ Rarely exhibits gagging in response to pressure and movement on the face or within the mouth, or with foods or fluids.  
□ Consistent adequate oral intake of a variety of foods and fluids of various textures and tastes |